

District 2, 3, 20 and 38 Middle School Wrestling Schedule

<u>Date</u>	<u>Start Times</u>	<u>School</u>	<u>Official</u>	<u>Official</u>
Mon				
10/19/09	3:30	Watson @ D2 Fox Meadow	Steve Deleon	
	3:30	Sproul @ Janitell	Alan Espinoza	Jeff Thorton
	3:45	Discovery Canyon @ Panorama	Eric Kohler	Brandon Walker
	3:30	Challenger @ Creekside	Dave Collins	
	3:30	Lewis Palmer @ Eagleview	Rossie Trujillo	
	3:30	Timberview @ Mountain Ridge	Bill Mellars	Chuck Alfultis
Wed				
10/21/09	3:30	Panorama @ Watson	Dave Collins	
	3:30	Janitell @ D2 Carmel	Eric Koehler	
	3:30	Challenger @ Sproul	Nick Diede	Matt Kleve
	3:30	Discovery Canyon @ Eagleview	Rossie Trujillo	
	3:30	Mountain Ridge @ Lewis Palmer	Bill Mellars	Brandon Walker
	3:30	Creekside @ Timberview	Steve Deleon	Greg Spencer
Sat				
10/24/09	0715	Creekside Dual Team Tournament @ Palmer Ridge High School x 5	Nick Diede Bill Mellars Steve Deleon Lance Cunico Rossie Trujillo	
Tues				
10/27/09	3:30	D2 Fox Meadow @ Creekside	Bill Mellars	Tom Clement
	3:15	Discovery Canyon @ Challenger	Todd Denius	Steve Turner
	3:30	Eagleview @ Mountain Ridge	Chuck Alfultis	X
	3:30	Timberview @ Lewis Palmer	Greg Spencer	Greg Lokken
	3:30	Sproul Takedown Tournament x 3 mats	Nick Diede Steve Deleon Rossie Trujillo	X
Sat				
10/31/09		Discover Canyon Invitational x 5	Nick Diede Dave Collins Greg Spencer Rossie Trujillo Gary Chacon	

District 2, 3, 20 and 38 Middle School Wrestling Schedule

Tues

11/3/09 3:30 Janitell @ Watson
 3:45 Sproul @ Panorama
 3:30 Lewis Palmer @ D2 Fox Meadow
 3:30 Creekside @ Discovery Canyon
 3:30 Challenger @ Mountain Ridge
 3:30 Eagleview @ Timberview

Todd Denius	
Steve Deleon	Tom Clement
Alan Espinoza	
Rossie Trujillo	Steve Turner
Dave Collins	X
Andy Stuckwisch	

Thur

11/05/09 3:30 Watson @ Eagleview
 3:30 Panorama @ Janitell
 3:30 D2 Carmel @ Sproul
 3:30 Lewis Palmer Middle School @ Discovery Canyon
 3:30 Mountain Ridge @ Creekside
 3:15 Timberview @ Challenger

Dave Collins	
Todd Denius	Nick Hazen
Steve Deleon	
Rossie Trujillo	
Tom Clement	
Steve Turner	

Tues

11/10/09 3:30 Sproul @ Watson
 3:30 Janitell @ Mountain Ridge
 3:30 Challenger @ Lewis Palmer
 3:30 Discovery Canyon @ Timberview

 3:30 Creekside @ Eagleview

Steve Deleon	
Rossie Trujillo	X
Todd Denius	
Dave Collins	Steve Turner
Chuck Alfultis	
NO SHOW	Tom Clement

Thur

11/12/09 3:30 Panorama @ D2 Fox Meadow
 3:30 Watson @ Janitell
 3:30 Timberview @ Sproul
 3:30 Mountain Ridge @ Discovery Canyon
 3:30 Lewis Palmer @ Creekside
 3:15 Eagleview @ Challenger

Steve Deleon	Nick Hazen
Nick Diede	
Andy Stuckwisch	Tom Clement
Todd Denius	
Dave Collins	
Steve Turner	

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Tues

11/17/09 3:15 D2 @ Challenger
 3:30 Sproul @ Discovery Canyon

Nick Diede	
Todd Denius	

District 2, 3, 20 and 38 Middle School Wrestling Schedule

3:30	Janitell @ Timberview	Steve Turner	
3:45	Eagleview @ Panorama	Fred Marjerrison	Tom Clement
3:30	Watson @ Mountain Ridge	Andy Stuckwisch	X

Thur
11/19/09

3:45 Challenger @ Panorama
3:30 Mountain Ridge @ Sproul
3:30 Timberview @ Watson
3:30 Discovery Canyon @ D2 Fox Meadow @ Carmel MS
3:30 Creekside @ Janitell

Greg Spencer	Alan Espinoza
Dave Collins	Tom Clement
Todd Denius	Steve Deleon
Fred Marjerrison	Rossie Trujillo
Nick Diede	Steve Turner

Rules of Play

1. Home-Coach calls at least two days before match.
2. Universal precautions used for blood clean-up

3.

Periods- Exhibition Periods- 3 1 minute periods

4. 1st

Overtime

e- 1 minute (both in neutral position)
1st takedown wins

5. 2nd

Overtime

e- 30 seconds
Flip coin to determine up or down, no neutral;
Down wins if he scores, up wins if he rides

6. 20 Weight classes:

70 75 80 85 90 95 100 105 110 115 120 125 130 135 140 150 160 170 185 Heavy Weight (Cap of 245 lbs.)